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Don't Forget to Visit our Website

- * Make payments online
- * Updated to include the newest information about activities at TCA
- * Online Comment Card under "Send Us Feedback"

www.txcan.com

Disease Related Distress

Distress is an umbrella term doctors use to describe a range of responses, from fear to depression to spiritual crisis. Many of the symptoms of distress—lack of appetite, nausea, weakness—mimic symptoms of cancer treatment, making it difficult to pinpoint that distress is the actual cause, but distress is particularly acute among cancer patients. A study by researchers affiliated with Johns Hopkins University estimated that more than one-third of cancer patients experience significant levels of distress that require some kind of help—but only 5% of those ever get it. If you feel you are under some distress, please discuss this with your Texas Cancer Associates health care team for help.

Source: National Comprehensive Cancer Network

TCA Care Connection

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Texas Cancer Associates Quarterly Patient Newsletter

New TCA Outpatient Pharmacy

Texas Cancer Associates is pleased to announce that our new retail pharmacy will open in January of 2007. The **TCA Outpatient Pharmacy** will be available to our patients during office hours to fill any or all medications that our physicians prescribe as part of your oncology/hematology care.

The Pharmacy will be staffed by our clinical pharmacist, Jean Bremer, R.Ph. and Stacey Lloyd, CPhT, who will be able to fill your prescriptions quickly and efficiently while you wait, see your medical provider, or receive treatment in our infusion center.

Our staff is experienced in the details and complexities of chemotherapy and the supportive medications that are so important to the success of your therapy.

We accept many prescription cards (including Medicare part D) and we continue to enroll in more plans every day. Therefore, whatever you would normally pay (i.e. your copay)

at any other community pharmacy, you will pay the same amount at TCA Pharmacy. Cash customers (no insurance) are welcome to come to the pharmacy and we will give them a price quote on their medications.

As a convenience to our patients, the Pharmacy will also stock a variety of non-prescription items such as vitamin supplements, anti-diarrhea medications, laxatives, nutritional supplements, antacids, creams and lotions specially designed for cancer patients, and any other products that may be helpful to you.

During your next visit to Texas Cancer Associates, please stop by the Pharmacy, which is located directly across the hall from our Lab and meet our pharmacist. Or, feel free to call our direct Pharmacy line at 214-420-7484. The TCA Pharmacy staff looks forward to serving your prescription needs throughout your therapy.



Meet the Patient Service Representatives!

Here at TCA, we have three Patient Service Representatives (PSRs), Denitra, Amy, and Dionne. They verify insurance benefits for all patients and meet with all new patients to help them understand their benefits and how they will be affected financially through their treatment process. The financial counselors also authorize each and every treatment that is given in the office to ensure proper payment from the insurance company. These are just a few of their many functions. Thank you PSRs for all you do!

Announcements

~ TCA hosts a monthly Chemotherapy introduction seminar called **"LUNCH and LEARN: CHEMOTHERAPY AND YOU"** Watch the bulletin board in the lobby for more information.

~TCA is, once again, involved in the planning of the annual **Gilda's Club Breast Cancer Retreat!** The event is scheduled for March 31st, 2007. Please check the bulletin board at the end of February for more details.

~ There have been many new and exciting changes made to the TCA website including patient testimonials, more education, office information and much more. Please visit and refer your friends and family to www.txcan.com for more information about our staff and facility.

~ Please feel free to visit our resource room for the latest information on medications, prosthetics, support services and other helpful topics!

Current Research Trials

- Breast
- Non- Small Cell Lung
- MDS
- Studies through Presbyterian Hospital

Please speak with your provider for more information on these and other research trials.